

1. Family Issues

Reading Comprehension

0. cognitive stimulation
1. mental health, school achievement
2. poverty and social isolation
3. stronger / more powerful
4. friends and relatives
5. single-mother families
6. the emancipation of women
7. by replicating / duplicating the study
8. the children

Listening Comprehension

Track 7. 

0	1	2	3	4	5	6	7	8
A	C	B	B	C	B	B	A	C

2. The Individual

Reading Comprehension

0	1	2	3	4	5	6	7	8
A	C	C	B	B	B	C	T	T

Listening Comprehension

Track 14. 

0. impress boys
1. drink too much
2. has increased
3. really attractive and appealing
4. college students / between 18 and 25

5. attract guys
6. 5 drinks
7. is increasing / is growing / is getting more popular
8. public health organizations

3. Holidays and Celebrations

Reading Comprehension

0	1	2	3	4	5	6	7	8
D	D	B	B	B	C	A	D	B

Listening Comprehension

Track 21. 

0. better
1. good / skilled
2. consideration / care / effort
3. time
4. reaction
5. time-consuming
6. message
7. nicer / smarter / prettier
8. more

4. Shopping

Reading Comprehension

0	1	2	3	4	5	6	7	8
A	H	G	I	J	B	F	E	D

 Listening Comprehension
Track 28. 

0. ones that carry brand collections
1. customers can save money there / products are cheaper there
2. new items need room
3. off season
4. the wide selection of goods
5. less popular (sizes)
6. the inventory changes quickly
7. several stores are grouped together
8. maps (providing simple directions)

5. Services

 Reading Comprehension

0. banks
1. the problem is small
2. cheque and online fraud
3. to reduce bureaucracy
4. motorists
5. Government's annual crime figures
6. minor (teething problems)
7. chips and pin codes
8. skim and copy/duplicate them

 Listening Comprehension
Track 35. 

0. in 2001
1. local and international corporations / companies
2. it closed down
3. none
4. national and international fairs / trade fairs
5. professional trade organizations
6. to increase it
7. at important international airports
8. by phone and Internet

6. Clothes and Fashion

 Reading Comprehension

0	1	2	3	4	5	6	7	8
B	A	B	B	A	C	C	C	B

 Listening Comprehension
Track 42. 

0. high
1. similar
2. a small modelling agency
3. her height
4. the advertising campaigns
5. the face of
6. endurance
7. create new things
8. (drinking) tea

7. Places to Live

 Reading Comprehension

0	1	2	3	4	5	6	7	8
B	I	E	A	C	D	G	K	F

 Listening Comprehension
Track 49. 

0	1	2	3	4	5	6	7	8
A	C	C	A	B	C	B	A	C

8. Environmental Issues

 Reading Comprehension

0	1	2	3	4	5	6	7	8
F	G	C	K	B	E	J	A	I

 Listening Comprehension
Track 57. 

0	1	2	3	4	5	6	7	8
A	B	C	B	B	C	B	C	C

9. Education and Work

 Reading Comprehension

0	1	2	3	4	5	6	7	8
A	C	D	C	B	C	A	C	B

 Listening Comprehension
Track 65. 

0. career mistakes
1. present / existing skills and achievements
2. recruitment consultants
3. it can be expensive
4. it can be mutually beneficial
5. motivating, stimulating, interesting
6. Internet, meeting employees (at fairs / conferences)
7. when you are happy / satisfied / not under pressure
8. career progress / acquisition of new skills

10. Health Issues

 Reading Comprehension

0	1	2	3	4	5	6	7	8
J	I	H	G	B	A	C	F	D

 Listening Comprehension
Track 73. 

0. 1.6 billion
1. sugary drinks; couch potato lifestyles; cheeseburgers
2. a (big) / (growing) problem
3. water; sweetened beverages
4. less water
5. to store energy
6. dangerous
7. refined foods; foods of animal origin
8. diabetes; cardiovascular diseases
9. healthier lifestyles

11. Hobbies and Pastime Activities

 Reading Comprehension

0	1	2	3	4	5	6	7	8
B	B	C	B	C	A	B	C	A

Listening Comprehension

Track 80. 

0	1	2	3	4	5	6	7	8
C	B	A	B	B	C	C	A	C

12. Sport

Reading Comprehension

0. it makes it faster
1. functioning and mental status
2. diabetes
3. closer monitoring
4. prior to the diagnosis / before they are diagnosed
5. mental / thinking
6. onset and progress / development
7. people live longer / population is growing older
8. physical, mental and emotional

Listening Comprehension

Track 87. 

0	1	2	3	4	5	6	7	8
B	C	B	A	A	A	B	C	B

13. Culture and Entertainment

Reading Comprehension

0	1	2	3	4	5	6	7	8
D	J	F	B	G	I	K	E	A

 Listening Comprehension
Track 94. 

0. modern centres of entertainment
1. employ marketing experts / managers
2. have other commitments / be busy
3. twice a week / two evenings a week
4. £2.5 million
5. from the Indian community
6. areas for the public / (inviting) public areas
7. Madrid
8. six museums

14. Media

 Reading Comprehension

0	1	2	3	4	5	6	7	8
G	I	E	F	J	D	C	A	B

 Listening Comprehension
Track 101. 

0. cookery
1. a lawyer
2. felt (very) frightened / (absolutely) terrified
3. tell jokes
4. close (to his face)
5. cooking / cookery
6. the best
7. make a new dish
8. write a cookbook

15. Communication; Keeping in Contact; Computers

 Reading Comprehension

0. with a TV remote control
1. HSN today, which is based in St Petersburg, Florida, plans to announce a project which allows direct purchasing through TV.
2. No other television shopping channel has yet launched the system.
3. People can shop with the remote control while doing housework.
4. The difference between an ecommerce website and the shop-by-remote system is that the latter can call up past shows.
5. When the 'select' button has been pushed, the TV screen becomes something of a website that gives instructions on shopping.
6. Any new technical venture could give HSN a needed financial boost.
7. HSN sales missed the target in the last financial quarter.
8. HSN website offers high-quality live video for those who are away from their TV set.

 Listening Comprehension
Track 109. 

0. the Royal Mail
1. £350m
2. succeeds in
3. shareholders
4. 1,840 people
5. a good / worthwhile alternative
6. end-to-end / collection to delivery
7. more than a million
8. collected and sorted

16. Travelling; Tourism; Transport

 Reading Comprehension

0	1	2	3	4	5	6	7	8
H	E	B	A	D	F	G	J	C

 Listening Comprehension
Track 117. 

0. by phoning, video or teleconferencing
1. a junior associate
2. decision maker can't meet you / unavailable
3. by making the bookings
4. grouping visits / using layover time effectively
5. a change in plans
6. two
7. an extra telephone cord
8. a dark-coloured suit

17. Globalisation; Consumer Society

 Reading Comprehension

0	1	2	3	4	5	6	7	8
A	A	B	C	B	C	B	B	A

 Listening Comprehension
Track 124. 

0. indigenous flora and fauna
1. thousands of years / millennia
2. bigger and more diverse / varied
3. growth in income
4. (exposure to) trade
5. 1950s
6. pathway risk assessment
7. common features
8. explicit management strategies

18. Public Life and Social Issues

 Reading Comprehension

0. since 1996
1. the previous year / 2008
2. afford food
3. food prices / prices of staple food
4. staple foods
5. hardly get food
6. social protection programmes
7. higher incomes
8. actions and policies

 Listening Comprehension
Track 132. 

0. mammals
1. streamlined
2. breathing
3. feed
4. surroundings
5. navigating
6. whaling
7. echolocation
8. save / protect

19. Science and Technology

 Reading Comprehension

0	1	2	3	4	5	6	7	8
D	B	C	A	C	A	D	B	C

 Listening Comprehension
Track 138. 

0. songs and poems
1. was created
2. Mars
3. the infrared energy
4. little evidence
5. optical / ordinary telescopes
6. the Earth's atmosphere
7. can gain / get information
8. five to ten per cent

20. The European Union

 Reading Comprehension

0	1	2	3	4	5	6	7	8
B	B	A	C	A	C	B	B	B

 Listening Comprehension
Track 145. 

0. climate
1. dependence
2. binding / mandatory
3. support
4. urgent
5. generating
6. expensive / costly
7. reclassification
8. oppose